

Internationally-known healer Carol Everett has allowed her abilities to be put to the test and monitored by mainstream scientists on numerous occasions. Here, she explains the process of 'absent' healing and shares some of the positive outcomes which have been independently verified by doctors.

The majority of Spiritualists, and many others too, believe in the efficacy of spiritual healing. It works in numerous cases of illness - the people receiving

healing very often feel some relief.

Spiritual, or 'energy' healing as it's sometimes known, is usually carried out with 'patient' and healer in the same location. However, there are times when this is not possible, and that's when absent healing is used as an alternative. The



healer sits at home and works with his or her absent healing programme at certain specifically allocated times.

How does absent healing work?

The concept of healing at a distance can be pretty hard to comprehend. Just how is the energy channelled at a distance to help someone who might be many miles away?

Some of you will have seen previous articles about my healing work, which I've been practising for over 30 years. That healing and absent healing work continues, but I have also been involved for some time now in specific trials with medical doctors, where changes in people's blood samples and immune system responses are monitored.

Often I am there in person to do the required healing, but sometimes it's done at a distance. This is very similar to absent healing, but it is monitored at every stage.

> The results and changes are the same if I work remotely or locally. So how can this be explained?

The trials are conducted using a special form of platelet-rich plasma (PRP) therapy that we have named 'Enhanced' - EPRP. This process is always monitored by doctors. Initially we are concentrating on burn victims' scar tissue repairs as these are notoriously

difficult to treat and are also very visible.

## THE TRIALS

To begin with, a very small sample of blood is taken from the patient and centrifuged. This process separates the blood into plasma (clear substance) and haemoglobin (red substance). In the middle of these two is a very small layer of platelets, white cells (leucocytes). This rich plasma, including the platelets and a very small amount of red, is extracted and subjected to healing. In the samples being healed the immune system responses can be seen through a microscope to go into 'overdrive'. Obvious changes are taking place in the sample, from healing alone.

Doctors have absolutely no explanation for this, as current teaching does not take account of healing energy and so changes of this kind are deemed impossible. Scientists have tried to explain the healing process in terms of quantum physics or string theory, and absent healing as warping distance through other dimensions. But no one really yet knows how it works, though they can all see it happening.

The changes take place equally whether I work on the sample remotely or in close proximity. This has been demonstrated and tested from Spain to Monaco, Spain to Johannesburg, and the UK to Monaco. Observed through a microscope, the healing appears to bring about obvious changes to the sample. I also know intuitively that there is much more going on at a cellular level than can yet be seen.

Doctors' reports verify that when the plasma is healed the results far outstrip conventional treatments in speed and possibilities. Very small samples of the healed EPRP are injected, relatively painlessly, near to affected areas and the immune system comes to see what's going on. It can best be described as if the healing 'message' is passed on to the body to get to work with the healing energy. This procedure is the 'big guns' and is not used all the time. More often not at all, normal healing in person or absently is still the primary method.

Since training my mind to work at a distance more effectively, my 'ordinary' absent healing has also become more effective. It's as if I've pushed my mind that bit further, a bit like a body builder training with progressively greater weights. The following cases demonstrate how absent healing can, and does, work.

# RECENT ABSENT HEALING CASES

### 1. Agatha

I did an initial assessment and healing on Agatha, in Devon, then continued with a further eight hours of healing over a three-month period. Pictures were taken and measured after each block of healing, to see if things had improved. As you can see, the final result shows the changes. The photos, showing the progression of healing, were taken by a qualified independent complementary practitioner in London. No other treatment was used.

Agatha had done a lot of work on herself in preparation for the healing. When she came to me she was very open and positive. Her condition, involving cell changes, had stabilised but it was not improving, which was why she contacted me.

I don't say that I heal or cure people, particularly with cancer, only that the healing enables the body to work either to stabilise, or to put the illness in remission. I do believe that trying to help yourself and getting yourself as far as you can is important – in healing you have to do your bit.







#### 2. Mark

Testimonial from Mark:

"Shortly before Christmas 2013. I contracted a painful and inexplicable mouth infection with black, ulcerated sores. After many hospital tests my doctor still hadn't identified the problem. so set a date for invasive surgery with a two-week convalescence period. My assistant suggested I try a healer and recommended Carol Everett. I'm a businessman and deal in absolutes, but I agreed despite being deeply sceptical. Given our geographic locations and time differences. Carol conducted healing by telephone. Twenty-four hours later, my condition had improved. Forty-eight hours later the ulcerated sores had completely disappeared and have never returned. My doctors were astonished. As far as I am concerned, Carol is a worker of miracles." Mark Davis, Chairman, Davis Elen Advertising, Los Angeles, California.

Carol explains: I had helped Mark's secretary, Hannah Dennison, years before. She had a life reading in which I said she would do creative writing and end up living in America. She's just written her sixth novel. We lost contact but Hannah read about me in an American magazine and we reconnected. Her boss Mark was very worried about his tongue, so she was happy to pass on my name. The recorded results speak for themselves.





#### 3. Birgitta

Birgitta lives and works in Monaco. She suffered 2nd-degree burns to her leg after boiling water was accidentally knocked over. Birgitta had one EPRP session with Dr Deperdu and myself in July 2013 in Monaco, then four hours of remote healing over a week, the following week. Communication was by phone – I in Spain and Birgitta in Monaco. In the first session Dr Deperdu injected the healed plasma around the scar tissue to promote the healing response.

Trials with Dr Deperdu are still ongoing in person, and remotely, from Spain to Monacco. He has also acknowledged the effect of healing on the burns.

Birgitta's burns on her leg have improved so much that, in her words, she "can now for the first time since the accident wear shorts".

The texture of the skin was formerly puckered with scar tissue from the burns. Now, if you shut your eyes and feel each leg, you can't tell the difference. Dr Deperdu said the results were "beautiful". Normally once a scar has been there for six months it will not renew itself. There is still some redness but this is because the blood vessels have been broken, and apparently it is not possible for them to be joined up once this has happened.

The next stage will be healing at distance to rejoin the blood vessels. Dr Deperdu says it's not something that can normally be done. After that, I will have taken the healing as far as it can go. Apparently laser treatment can reduce the redness of the skin. Let's hope it doesn't need to!



